#### **BRAMPTON HOCKEY ACADEMY TIMELINE**



# **February to April**

- Meet with all AAA coaches to occur in February
- View AAA games and practices with each coach
- View AA and A games to review potential players for moving to the proper level
- Review, edit and suggest changes to current and future roster. (includes review of any potential changes)
- From now until the end of the Season, aid in the assessment, recruitment and retention of players
- Build an internal web site for player and team profiles to assist in the assessment and tracking of development.

### **April**

- Build an on-ice tryout plan for each level
- Meet with all Coaches to organize an assessment schedule
- Assist with player selection
- Introduce a lead Goalie assessor
- Partner with Coaches on a consistent format for kick off meetings and card signing
- Review any summer plans that any Coaches may have for their team

### May

• Identify any Summer programs that Brampton Hockey Academy may be running. (This is outside of the core in season program)

# **August-September**

- Meet with AAA Coaches to review and build seasonal plans
- Meet with lead off-ice trainer to include an off-ice plan to compliment the seasonal plan
- Identify the different phases and time allocations (i.e. tactical vs. technical, group play, strength and conditioning for each phase and team)
- Identify which skills will be introduced, developed or refined in each phase
- Partner with coaches to build practice plans commensurate with the seasonal plans to meet expectation

- Provide updates to Brampton Hockey Inc on a regular basis on the progress of the program and solicit feedback to ensure expectations are being met
- Reviewing games and practices live and in video in order to ensure constant assessment to adhere to the seasonal plan and provide timely feedback
- Organizing cross over coach's practices
- Organize and monitor off-ice instruction with lead trainer for all teams and players
- Organize and monitor goalie instruction
- Ensure that coaches adhere and maintain the weekly updates of team and player profiles on the web site
- Monthly Coaches meetings to discuss individual Coaches/Team/Player performance
- Introduce new training tools (i.e. bronco, passing aids, rebounders)
- Nic Martins to running practices alongside coaches