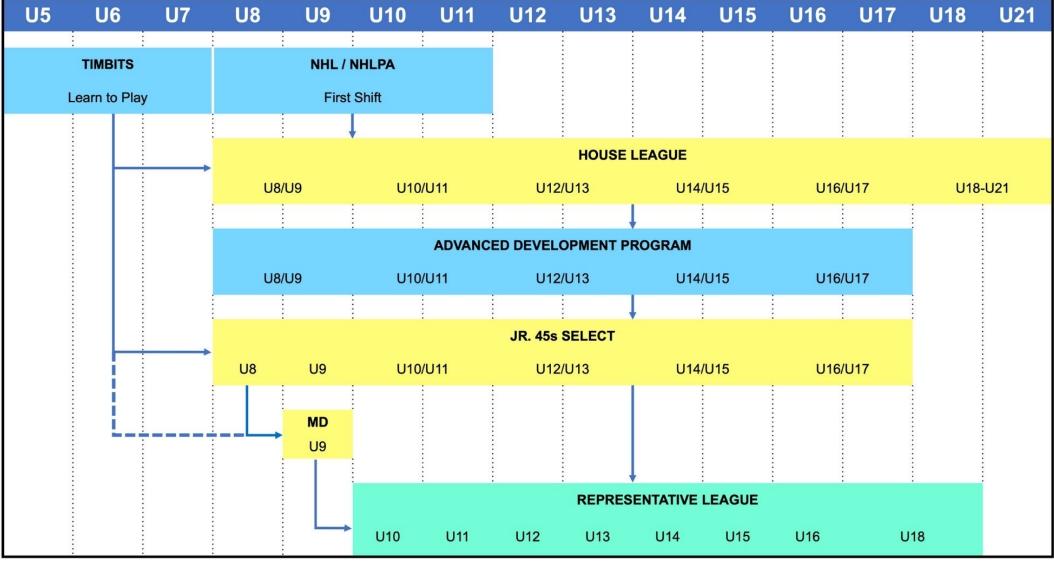


# BRAMPTON HOCKEY

Recreation + Development Programming 2023-2024



U5 = Under age 5 MD = Minor Development (Rep Prep)



# PROGRAMS



## ENTRY TO HOCKEY PROGRAMS

#### **TIMBITS LEARN TO PLAY | U5 - U7**

- October March
- 6 month program
- One 1 hour practice/week + One game/week
- Tiered teams based on skill level
- Weekend of Champions

2 hours per week42 total hours of programming

#### NHL/NHLPA FIRST SHIFT | U7 - U11

- October December
- 6 week program
- One 1 hour development session per week
- Following completion, opportunity to participate in the transition program for an additional 6 weeks

1 hour per week6 total hours of programming



### CORE RECREATIONAL PROGRAM

#### **LOCAL LEAGUE**

- One practice/week + One game/week
- Five development sessions Neville Woolridge Tournament
- Winter Break Tournament\*
- Weekend of Champions

2 hours per week48 total hours of programming

#### **NEW FOR 2023**

- Partnership with Caledon Minor Hockey for U11+ to form a Local League
  - Approximately 1 game / month will be 'away'
- Opportunity for teams to participate in additional jamboree / tournament
  - During blackout weekends and / or holiday breaks
- Development sessions will occur during the first five practices of the season
  - Led by a certified development instructor



# ADVANCED DEVELOPMENT PROGRAM

(ADP)

#### ADVANCED DEVELOPMENT PROGRAM

- Open to all players looking for additional skill development
- One development session/week
- Seven week programs (Fall term + Winter term)
- Led by certified development instructor with progressive curriculum

1 hour per week7 to 14 total hours of development instruction

#### **NEW FOR 2023**

- Can register for one term at a time or full season
- Sessions grouped by age (not teams)
- Focus is on individual skill development
- Consistent certified development instructor aligned to each age group to ensure maximum development opportunity for players



# JR. 45S PROGRAMS

#### **SELECT | U8 - U18**

#### Set schedule of 3-4 days/week

- Dedicated Jr 45s Coach
- Tiered team based on player evaluations
- Mandatory participation in Local League + ADP
  - One local league practice + game + development session per week
- One 1 hour Select team practice per week
- One game bi-weekly against nearby league
- Two-to-three Jamborees/Tournaments\*

4-5 hours per week 97 total hours of programming

#### MINOR DEVELOPMENT | U9 REP PREP

#### Variable schedule of 4-5 days/week

- Dedicated Jr 45s Coach
- Tiered team based on player evaluations
- Mandatory participation in Advanced Development Program
  - One development session per week
- Two 1.5 hour MD team practices per week
- One-to-two games per week
- Two-to-three Jamborees/Tournaments\*

5-6 hours per week127 total hours of programming



# 

	LOCAL LEAGUE	LOCAL LEAGUE + ADVANCED DEVELOPMENT PROGRAM (ADP)	JR. 45s SELECT (includes ADP)	JR. 45s U9 MINOR DEVELOPMENT (includes ADP)	
GAMES	15	15	25	28	
	1 / week	1 / week	1-2 / week	1-2 / week	
PRACTICES	20 hours	20 hours	42 hours	66 hours	
	1 / week	1 / week	2 / week	2 / week	
DEVELOPMENT	5 sessions	19 sessions 1 / week	19 sessions 1 / week	20 sessions 1 / week	
NEVILLE WOOLRIDGE	3 games*	3 games*	3 games*	n/a	
TOURNAMENT	February	February	February		
WEEKEND OF	2 games	2 games	2 games	n/a	
CHAMPIONS	March	March	March		
ADDITIONAL TOURNAMENTS	At Coach's discretion		3 games*	9 games*	

# SAMPLE SCHEDULES

NOTE: These are not the confirmed program schedules but mocked-up sample schedules of what a family can expect the various program commitments to look like

## SAMPLE MONTH | CORE PROGRAM

	SUN	MON	TUES	WED	THURS	FRI	SAT
Week 1	Practice						Game
Week 2	Practice						Game
Week 3	Practice						Caledon Game
Week 4	Practice						Game

## SAMPLE MONTH | CORE PROGRAM + ADP

	SUN	MON	TUES	WED	THURS	FRI	SAT
Week 1	Practice			ADP			Game
Week 2	Practice			ADP			Game
Week 3	Practice			ADP			Caledon Game
Week 4	Practice			ADP			Game



# SAMPLE MONTH | JR. 458

	SUN	MON	TUES	WED	THURS	FRI	SAT
Week 1	Practice			ADP Jr. 45s practice			Game
Week 2	Practice			ADP Jr. 45s practice	Jr. 45s Game (home)		Game
Week 3	Practice			ADP Jr. 45s practice			Caledon Game
Week 4	Practice			ADP Jr. 45s practice	Jr. 45s Game (away)		Game

# SAMPLE MONTH | U9 MD

	SUN	MON	TUES	WED	THURS	FRI	SAT
Week 1	Game (home)	Practice		ADP	Practice	Game (away)	
Week 2	Game (home)	Practice	Game (away)	ADP	Practice		
Week 3	Game (home)	Practice		ADP	Practice	Game (away)	
Week 4	Game (home	Practice		ADP	Practice		Game (away)



## VOLUNTEER OPPORTUNITIES

Brampton Hockey is a not-for-profit, volunteer-based organization. Without the support and involvement of our volunteers and the community, minor hockey in Brampton would not exist.

Volunteer Opportunities are endless and include:

- Recreational Head coach | Jr. 45s + MD Head coach
- Assistant coach
- Team trainer
- Team manager
- Parent representative
- Timbits Learn to Play coach
- Convenor
- Tournament volunteer

- Committee member
  - Recreational program committee
  - Representative program committee
  - Special events committee
  - Development committee
  - Planning committee
- Development / Goalie program
- ... and more





# QUESTIONS?

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