

October 31, 2018

The Gift of Giving Back Planning Committee

Re: Appreciation of the Brampton GOGB

Dear Sally,

On behalf of all of us at Regeneration Outreach Community, I would like to thank you for inviting us to be a part of the Gift of Giving Back, Brampton. Food contributions will go a long way in helping us care for those struggling to make ends meet.

It has been said that the strength of a community is measured by how well they care for those in need. At Regeneration, we agree with that philosophy whole-heartedly. Regeneration has been serving the community of Brampton since 1999. We first started as a breakfast-only program serving those who were homeless or at risk of homelessness. Today, Regen is much more than just a breakfast program - it is a place where those who are broken come to find hope.

Aside from serving a nutritional breakfast 365 days a year, Regeneration offers a number of other services and programs. Regen guests have access to affordable laundry services, showers, free clothing, hygiene kits, haircuts, chiropractic care, a nurse, foot care, a social worker, and an I.D. clinic. During the breakfast program and between breakfast and lunch, Regen guests have the opportunity to participate in a variety of programs such as life skills, art class, games (Euchre, BINGO), street hockey (Street Soccer Canada), and Bible study. Every service and program offered at Regeneration is completely free to those who come.

At Regeneration, these services are a means to a greater end. Time spent together around the meal table is time spent building community. Serving our guests with dignity and love, we take the time to have personal conversations and get to know them on a personal level. Through this community, no one has to face life's challenges alone. We can also help those who are ready and able to break out of the cycle of dependency. Those who have made the transition continue to stop in to reconnect to this group of friends they call Regeneration.

We deeply appreciate your partnership. It will not only help us feed those in need, but also spread awareness of the ongoing needs of the vulnerable in Brampton.

Sincerely,



Bruce Dodds-Hebron  
Food Procurement Coordinator  
Regeneration Outreach Community  
156 Main Street,  
Brampton, Ontario L6V1N9